



# 2010 CYO TRACK & FIELD

*The 2010 CYO Track and Field Program for girls and boys is underway!  
The following is information regarding the CYO Track and Field program.*

The names of the Track Section Coordinators for each section are listed below. Contact your Section Coordinator regarding meet dates, entries, entry fees, rosters, workshop details and other information.

## **SECTION I (DIABLO VALLEY)**

SECTION COORDINATORS: Claire Tryon 925-673-8564 [greyeototo@sbcglobal.net](mailto:greyeototo@sbcglobal.net)  
Tim Chavez 925-516-1400 [tcbrokers@yahoo.com](mailto:tcbrokers@yahoo.com)

## **SECTION II (OAKLAND / EBPL / WEST CONTRA COSTA)**

SECTION COORDINATORS: Herbert Yarbrough 510-917-1647 [yarhmond@comcast.net](mailto:yarhmond@comcast.net)  
Leslie Robertson 510-568-0583 [leslie@acpwa.org](mailto:leslie@acpwa.org)  
Sister Mary Denise

## **SECTION III (MISSION VALLEY / SOUTHERN ALAMEDA COUNTY)**

SECTION COORDINATOR: John Randazzo 510-796-3090 [jran03@sbcglobal.net](mailto:jran03@sbcglobal.net)

## **2010 IMPORTANT DATES**

Monday, February 1	Practice for Track and Field may begin
Sunday, April 4	Easter Sunday
	(NO CYO activities from Thursday 4/1 through Sunday 4/4)
Sunday, May 2	Last day for sectional qualifying meets
Monday, May 3	Qualifier lists due in CYO Office by NOON
Friday / Saturday, May 7, 8	Oakland Diocese Track and Field Championship Meet Granada High School, Livermore and Logan High School, Union City

## **DIOCESAN FEES**

Due to financial constraints by the diocese, there will be a participation fee this year of \$3. per participant

## **COACHES CERTIFICATION WORKSHOPS / SAFE ENVIRONMENT TRAININGS / MEGAN'S LAW CHECKS**

There are three Track and Field Coaches Workshops. Dates, times and locations are listed on the enclosed flyer. Please pass this information to your coaches. Attendance at one workshop is mandatory for all coaches participating in the 2010 Track Program who were not previously certified to coach in CYO sports during the 2009–2010 school year.

Cost for each workshop is \$5 per coach. Coaches who are late may not be admitted once the workshop begins.

This year, ALL CYO Coaches must complete Diocesan Safe Environment Training. Returning Coaches will again have to complete the training. All coaches must have completed a diocesan safe environment course after July 1, 2009. For details of the on-line trainings or to find a live training, see details on the workshop flyer. The cost for on-line trainings is \$5. and the parish will be billed. Please contact your parish or school to make arrangements for your parish CYO program for reimbursement.

All coaches must present their California Driver's License or a photo ID on registration at the workshop. Following the workshops, all coaches will be checked by the diocese for sex offenses through the State Department of Justice under the provisions of Megan's Law.

Megan's Law Checks can be done "on-line." Parish Coordinators will check their coaches and any meet volunteers at the website: [www.meganslaw.ca.gov](http://www.meganslaw.ca.gov). This gives parishes an easy way to check coaches and adult volunteers before the season begins! All volunteers who will be helping as meet officials must be checked through Megan's Law by their parishes prior to volunteering!

### **POLICIES, RULES AND EVENTS**

Parental Permission Forms: Before you begin practice, **all** of your participants must have completed and returned a "Parental Permission, Health Authorization and Release Form." A copy of the form for each participant must be kept with the coaches at all meets and practices! Copies of CYO forms are available from the CYO office or can be downloaded from the CYO Website ([www.oaklandcyo.org](http://www.oaklandcyo.org)).

Track events, rules, standards of eligibility and CYO policies are found in the 2009-2010 CYO Athletic Manual. Copies of the Manual are available from the Diocesan CYO Office and will be available at all coaches' certification workshops. *Please be certain that all of your participants meet the age and eligibility requirements. Participants must compete for their own parish!*

SAFETY IS A MAJOR CONCERN! Be certain that children are in physical condition to compete and are well supervised at all times at practices and meets. When supervising events, *especially shot put, softball throw and high jump events*, provide clear directions and maintain safety procedures. *Track rules state that there is to be no practice at any field event without adult supervision present at that event.*

### **COACHES APPLICATIONS**

It is required that each coach complete a "CYO Volunteer Application" prior to coaching in CYO as a tool for screening and approval by the parish program. The completed application is to be kept on file with the parish CYO program. Forms are available from the CYO Office or online. Coaches with applications on file do not have to complete an additional one each year.

### **TRANSPORTATION POLICY**

It is important that athletic directors keep information on coaches or on any volunteers who are driving youth. The information required is evidence of a valid, unrestricted drivers license and a copy of the drivers "Declaration of Insurance" currently in force. Diocesan Transportation regulations are listed in the current copy of the CYO Athletic Manual. These insurance regulations are similar to those in effect in the Catholic schools.

### **QUESTIONS!**

Please call your Section Coordinator or CYO at 510-893-5154. The CYO web site ([www.oaklandcyo.org](http://www.oaklandcyo.org)) contains valuable program information, including downloadable CYO forms.