

OAKLAND DIOCESE CYO GIRLS' VOLLEYBALL RULES

The National Federation Volleyball Rulebook will be the official rules, unless superseded by the Oakland Diocese CYO Bylaws or rules exceptions established by the Girls' Sports Council.

NET HEIGHT: The official net height is seven (7) feet for 6th, 7th and 8th grade divisions. Lower grades may adjust net height and serving lines according to league rules.

RALLY SCORING: Rally scoring format will be used including let serve. With rally scoring, a ball contacting and crossing the net shall remain in play provided that the ball is entirely within the net antennas. (Note: By individual league adoption, side-out scoring may be used for any or all grade levels.)

LENGTH OF GAME: The match will consist of the best two (2) of three (3) games. The first two (2) games shall go to 25 points and the third (3rd) game shall go to 15 points. A team that has scored 25/15 points and is at least 2 points ahead is the winner. If the leading team does not have a 2-point advantage, play shall continue until one team has a 2-point advantage (no cap point).

GAME BALL: 7th and 8th grade divisions shall use a volleyball meeting National Federation specifications. 6th grade divisions and under shall use the Volleylite ball.

LIBERO PLAYER: There is no "libero" player.

JERSEY NUMBERS: Players must have a clearly visible number on the front and/or back of their uniform jersey. It is recommended that jerseys be numbered on the front *and* back of the uniform.

ALL PARTICIPATION RULE: Each healthy, uniformed player present must play during either the first or the second game of the match.

KNEEPADS: Kneepads shall be worn by all players.

SERVER ROTATION: In 7th grade leagues and lower, the serving team shall rotate each time a server serves 5 consecutive points in a game.

SPIKING LINE: The spiking line (10 foot line) will not be used.

TIMING DEVICE: A visible timing, scoring device is not necessary equipment.

NOTE: The rule "On the first hit returning serve, a double hit shall not be allowed if on an overhand pass" has been eliminated, beginning with the 2009-2010 season. National Federation rules governing the return on the first hit will be in effect (unless individual league rules provide otherwise). This will supersede the rule published in the 2009-2010 CYO Athletic Manual.

Revised by the Diocesan Girls Athletic Council, September 2009